

THEME: SOCIAL SKILLS

Need Addressed—Competence

Social and academic skills are interdependent. You can't have success in learning or in life without social skills. You can't concentrate, exchange ideas, listen, or collaborate unless you have some basic social competencies. We use the list created by Elliott and Gresham (2008) to determine how social skills affect students' social and academic capacities: cooperation, communication, assertion, responsibility, engagement, empathy, and self-control. We have devised advisories that help students explore each skill.

1 CPR: Cooperation

Greeting: Snake Greeting

Sharing: Partner Share: *Tell about a time in your life when teamwork was important, in or out of school.* A couple of volunteers share with whole group.

Activity: Helium Hoop OR Shrinking World

Ohaiyo, Students!

Today we'll start talking about, practicing, and **implementing** social skills. Initial below to indicate how important you think social skills are to success in life.

Not Sometimes Very

2 CPR: Assertion

Greeting: Choice of Voice Greeting (page 217, All Group Greeting variation)

Sharing: Individual Share: *Tell about a time when you stood up for yourself or for someone else.*

Activity: Honey, Do You Love Me? OR What Are You Doing?

Salutations, Strong Ones!

Here's the scene: you walk into a room with about forty people, all socializing in pairs and small groups. What do you do first? Answer on your number line.

3 CPR: Responsibility

Greeting: Partner Greeting

Sharing: Whip Share: *What was a time when you had to handle a lot of responsibility? For example, what games did you play with the little kids at your sibling's birthday party?*

Activity: Obstacle Course

Good Morning, Students!

Today we're going to work with the "r" word, responsibility. How often do you act responsibly? Initial your answer.

Never Sometimes
Usually Always

4 CPR: Empathy

Greeting: Silent Greeting

Share: Individual Share: *Tell about an embarrassing moment you experienced.*

Activity: Talk Show OR One-Minute Talk

Hello, Friends!

Today's meeting gives us a chance to show support for one another. When is it hard for you to feel **empathy** for someone? Answer on your number line.

5 A+: Self-control

Greeting: Snake Greeting

Activity: Radio OR Tag Games OR Team Red Light OR Where Are You From?

Reflection: Whole group:

With fingers, show from one to five how well you think we did in self-control during the game.

Now show how hard it was for you to use self-control.

Any ideas for how we could make the game more fun without losing our controls?

Salutations!

Today's social skill topic is the one John Dewey (an important American educator) said was key to success. Without self-control, not only do you get in trouble, but you can't succeed in school or in life. We have to teach ourselves to hold back on **impulses** to break rules, and have fun anyway. Let's practice with a game!

6 CPR: Engagement

Greeting: Ball Toss

Share: Whip Share: *On a scale of one to ten, how good are you at getting and staying focused and interested when doing school work?*

Activity: One

What's up? Think about what interests you in life. Name one thing that you get into and do with a lot of zest. Write on your number line your "in the zone" activity.

7 A+: Social Skills Group Work

Greeting: Reach Out Greeting (page 219, Choice Greeting variation)

Activity: Divide students into seven groups (one each of the social skills, see page 96). Give each group a list of familiar games. The group decides which one is best to practice their assigned skill and prepares to lead the group in that activity.

Reflection: Groups explain how their chosen activity teaches their assigned skill, and lead the whole advisory in playing it. After playing, whole group indicates with thumbs whether they agree that they practiced the designated skill while playing the game. You will need two or three advisory periods for all seven groups to lead a game. Limit time for each game.

Greetings, Everyone!

We practiced self-control by playing a game. Other games can teach us other social skills, so today we'll divide into small groups, and each group will teach us a social skill with a game. Get ready to think and play at the same time!

8 A+: Social Skills in CPR

Greeting: Introductory Greeting

Activity: Small groups meet to rate the social skills of their advisory group using the Social Skills in CPR Assessment Tool, page 268.

Reflection: Small groups report ratings; whole group discusses reports and possible improvements.

Good Morning, **Socialites**,

Today we'll use the Social Skills in CPR Assessment Tool to decide how well we're using our social skills during our Circle of Power and Respect.